

## **ABOUT DR. SALLY HUBBARD, M.D.**

Dr. Sally Hubbard, M.D. is the only child of Zettie and Tom Hubbard of Keytesville, where she graduated in 1955. Dr. Hubbard furthered her education at Christian College (now Columbia College) in Columbia, Missouri. She then entered the University of Missouri where she received her Doctor of Medicine Degree. She lived and worked in Springfield, Missouri, until retirement, working for a number of years as a medical doctor in the Student Health Clinic at Missouri State University!



## **DR. HUBBARD'S RETURN TO KEYTESVILLE**

After visiting frequently, Dr. Hubbard (known to friends as Sally) moved back to Keytesville within the last year and developed the Sneed-Hubbard Trust to help promote education, fitness, and projects that will benefit her hometown of Keytesville.

### **IN APPRECIATION**

The Keytesville Chamber of Commerce holds this event—in part—to recognize Dr. Hubbard's kindness and generosity. After a successful first year, the 2nd Annual Dr. Sally Hubbard Walk will take place again this year. Please join us for this enjoyable, healthful activity!

## **2ND ANNUAL DR. SALLY HUBBARD WALK**

**FREE EVENT!**

*SPONSORED BY KEYTESVILLE  
CHAMBER OF COMMERCE*

MAY 15-JUNE 14, 2018

TUESDAYS & THURSDAYS:  
11:30 A.M.-1:00 P.M.



### **PURPOSE:**

- Promoting fitness while having fun!

### **STARTING PLACE:**

- Chariton County Health Dept.—206 State St., Keytesville, MO
- Register @ Health Dept. each time you walk.



### **ROUTE:**

- Distance covered will be approximately 1 mile and will be the same each time!

*Sign in & start: Health Dept.  
State St. N on Park to Finnell Dr.  
W. on Finnell to Maxwell Pk. Rd.  
N. on Maxwell Pk. to 3 stations  
3 Station Workout; then-  
E. on Maxwell Pk. to Ash St.  
S. on Ash St. to Birch St.  
W. on Birch St. to Park St.  
Continue S. back to Health Dept.*

### **BENEFITS:**

- Burn Calories
- Fresh Air
- Completed during lunch hour
- Healthy Refreshments (Compliments of Dr. Hubbard & Keytesville Chamber of Commerce).



### **WHO IS ELIGIBLE TO WALK?**

- School-aged children with adult supervision if younger than 12 years of age.
- Anyone who wants to walk, but resists walking alone.
- No upper age limit!
- It is NOT a race; go at your own pace.

### **ADDITIONAL PERKS!**

- Health Dept. offering free blood pressure checks.
- At Maxwell Taylor Park there will be 3 stations for additional stretching or strength building exercises!

### **WHAT ABOUT RAIN?**

- Any day it is too rainy to conduct the walk, there will be no make-up days. Walk will continue the next scheduled day.

### **OTHER INCENTIVES TO WALK**

- Free T-shirts to all participants (compliments of Dr. Sally Hubbard)
- Healthy lunch for all participants @ Keytesville Farmer's Market on the final day of the event— June 14, 2018
- Anyone completing all scheduled walks will have his/her name entered into a drawing for choice of a grand prize!

\*Either \$125 gift certificate to Academy Sports OR 3 month gym membership to Under the Bar Fitness in Salisbury, MO (2nd Street).

